



# Sun Meals 2025

Star Express is very excited to offer Sun Meals for Summer 2025

**Meals will be provided for on-site consumption at no charge to anyone 18 years of age or younger.**

This flyer is intended to inform you of locations, dates, times and menu

Sun Meals will run from June 3rd-July 18th (No service on June 19<sup>th</sup> & July 4<sup>th</sup>)

- 1) Arlington Elementary (5814 S Arlington Ave, Indianapolis, IN 46237)
  - Open Lunch: 11:00-11:30 am
- 2) Thompson Crossing Elementary (7525 E. Thompson Rd, Indianapolis IN 46239)
  - Open Lunch: 12:00-12:30 pm- \*subject to change
- 3) Mary Adams Elementary (7341 E Stop 11 Road, Indianapolis IN 46259)
  - Open Lunch: 11:15-11:45 am
- 4) Franklin Central High School (6215 South Franklin Road, Indianapolis IN 46259)
  - Open Lunch: 12:00-12:30 pm



## 2025 Summer Menu

Youth ages 18 and under eat at no cost.

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Pizzo Crunchers (4 each) Fresh Veggie w/dip (½ cup) Fresh Fruit (½ cup) Milk (8 oz)	Hot Dog (1 each) Fresh Veggie w/dip (½ cup) Fresh Fruit (½ cup) Milk (8 oz)	Ham and Cheese Sandwich (1 each) Fresh Veggie w/dip (½ cup) Fresh Fruit (½ cup) Milk (8 oz)	BBQ Rib Sandwich (1 Sandwich) Fresh Veggie w/dip (½ cup) Fresh Fruit (½ cup) Milk (8 oz)	Chicken Patty Sandwich (1 each) Fresh Veggie w/dip (½ cup) Fresh Fruit (½ cup) Milk (8 oz)
Week 2	Cheese Stuffed Breadstick (2 sticks) Fresh Veggie w/dip (½ cup) Fresh Fruit (½ cup) Milk (8 oz)	Corn Puppies (6 corn dogs) Fresh Veggie w/dip (½ cup) Fresh Fruit (½ cup) Milk (8 oz)	Calzone (1 each) Fresh Veggie w/dip (½ cup) Fresh Fruit (½ cup) Milk (8 oz)	Chicken Nuggets (5 nuggets) Fresh Veggie w/dip (½ cup) Fresh Fruit (½ cup) Milk (8 oz)	Cheeseburger (1 each) Fresh Veggie w/dip (½ cup) Fresh Fruit (½ cup) Milk (8 oz)

### June 2025

Monday	Tuesday	Wednesday	Thursday	Friday
	3	4	5	6
9	10	11	11	12
16	17	18	OFF	20
23	24	25	26	27

### Daily Fresh Fruit May Include:

Whole Apples  
Whole Orange  
Banana  
Watermelon  
Kiwi

### Daily Fresh Vegetables May include:

Broccoli  
Carrots  
Celery sticks  
Cucumbers  
Pepper

Nondiscrimination Statement: USDA is an equal opportunity provider, employer and lender.

All food must be consumed on site. Smucker's Uncrustable Grape PBJ is offered daily. Menu is subject to change.

### July 2025

Monday	Tuesday	Wednesday	Thursday	Friday
30	1	2	3	OFF
7	8	9	10	11
14	15	16	17	18

For printable menus please visit: [ftcsc.nutrislice.com](http://ftcsc.nutrislice.com) (Summer Servings Menu)

USDA is an equal opportunity provider, employer and lender





## Sun Meals To-Go: Free Summer Meal Packs!

In addition to our traditional Sun Meals program, Star Express is excited to launch a new summer curbside meal pick-up program Sun Meals To-Go!

### What's Included:

Each meal pack contains 5 days of breakfast and 5 days of lunch – free for children 18 years and younger during the summer! The weekly menu below will remain the same throughout the summer.

### How It Works:

- ☒ Families must pre-order weekly via electronic forms sent through ParentSquare
- ☒ Only 250 meal packs will be available each week – first come, first served based on pre-orders
- ☒ Pick-up Time and Dates: Wednesdays, 1–2 PM; June 11-July 16, 2025
- ☒ Location: Franklin Central Junior High School- 10440 Indian Creek Rd. Indianapolis, IN 46259

### Important Reminders:

- Pre-order is required **per child** to guarantee your meal pack. No pre-order = no guaranteed meals.
- You must arrive during the designated time. Late arrivals may lose their reserved packs.
- Children enrolled in Franklin Township summer school or YMCA camp can only receive meal packs during weeks they are not attending those programs.
- Children participating in the traditional Sun Meals sites daily are not eligible to receive these meal packs from Franklin Township Child Nutrition Department.
- Federal regulations prohibit receiving summer meals from multiple Franklin Township sites for the same days.

Questions? Contact [starexpress@ftcsc.org](mailto:starexpress@ftcsc.org)

### **Breakfast**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Honey Bun (2.5 oz-2G) Whole Apple( $\frac{1}{2}$ cup) Milk (8 oz)	Otis Spunkmeyer Muffin (2 oz-1G) Mandarin Orange ( $\frac{1}{2}$ cup) Milk (8 oz)	Pillsbury Mini Cinni (2.29 Oz-2G) Whole Orange ( $\frac{1}{2}$ cup) Milk (8 oz)	Pillsbury Frudel (2.29 oz-2G) Fruit Cocktail( $\frac{1}{2}$ cup) Milk (8 oz)	Cereal Bar (2.5 oz-2G) Whole Apple ( $\frac{1}{2}$ cup) Milk (8 oz)

### **Lunch**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Cheese Stuffed Breadstick</b> (2 sticks-2M/MA,2G) Craisins ( $\frac{1}{2}$ cup) Carrots( $\frac{1}{2}$ cup) Milk 8 oz	<b>Corn Puppies</b> (4oz-2M/MA, 2G) Whole apple ( $\frac{1}{2}$ cup) Broccoli $\frac{1}{2}$ cup Milk 8 oz	<b>Flashes Box</b> (2M2G) Raisins ( $\frac{1}{2}$ cup) Cucumber ( $\frac{1}{2}$ cup) Milk 8 oz	<b>Individual Cheese pizza</b> (4.98 oz-2M/MA,2G) Mandarin Orange $\frac{1}{2}$ cup Celery $\frac{1}{2}$ cup Milk 8 oz	<b>Chicken Nuggets</b> (2.55 oz 2M/MA, 1G) Whole Orange ( $\frac{1}{2}$ cup) Green Peppers $\frac{1}{2}$ cup Milk 8 oz



#### **Flashes Box Contents Include:**

Danimals Yogurt 4 oz-1 each  
Cheese Stick 1 oz-1 each  
Otis Muffin 2 oz-1 each (flavors vary)



The Indiana Sun Bucks (Summer EBT) program is closed and will not operate in summer 2025. All SUN Bucks cards issued in 2024 have expired and can no longer be accessed. Those cards may be thrown away.

