

Your Anthem dental plan helps you take extra care of your mouth and overall health.



Good dental health helps better manage certain medical conditions. So, it's important that your dental and medical plans work together. That's why we identify and enroll members with certain ongoing medical conditions and who are actively engaged in any of our care management programs for additional dental services.

If eligible, you will receive 100% coverage with no out-of-pocket costs and no reduction to the coverage-year annual maximum. No hassle and no extra work for you, just schedule your appointment.

It means that you receive clinically recommended preventive dental care personalized to your specific needs, including:

- › Cleanings
- › Periodontal maintenance
- › Fluoride
- › Sealants
- › Periodontal scaling and root planing
- › Routine or problem-focused exams

Conditions eligible for the extra care include:

- › Diabetes
- › Pregnancy
- › Certain heart conditions
- › Stroke
- › Organ and bone marrow transplant
- › Cancer treated with chemotherapy
- › Head or neck cancer treated with chemotherapy and/or radiation
- › Suppressed immune system, specifically HIV/AIDS
- › End-stage renal disease (kidney disease)

1 in 5 cases of total tooth loss is linked to diabetes¹

91% of adults aged 20-64 have tooth decay²

If you are not engaged in any care management programs, a self-enroll option is available.

Questions? Please contact the number on the back of your ID Card.

1- <https://www.mouthhealthy.org/en/az-topics/d/diabetes>

2-Centers for Disease Control and Prevention, National Center for Health Statistics, May 2015 <http://www.cdc.gov/nchs/data/databriefs/db197.htm>